







CONFERENCES & MEETINGS SPORTS SPECIAL EVENTS

- 1,900+ hotel rooms
- ✓ 23 hotel properties
- 30+ event spaces in Ames and Iowa State University
- **☑** Up to 14,000 seating capacity

Let us help you discover Ames!

DiscoverAmes.com/plan · 515.232.4032

Welcome

to Ames & Iowa State University!

Whatever your interests, Ames and Iowa State University have something for you! If this is your first time to Ames — or even if you're a frequent visitor — this visitors guide has plenty of ideas.

You'll discover Ames attracts nature and outdoor admirers, music and theater aficionados, sports fanatics and, most certainly, food and craft beer lovers!

From a beautiful walk or bike around Ada Hayden Heritage Park, to a more challenging trek through trails at McFarland Park, to one of the many bike paths to get you around town, Ames has it!

Ames' music and entertainment scene continues to flourish and grow. Iowa State University's Stephens Auditorium attracts Broadway and world-wide-acclaimed entertainment, while City Auditorium hosts numerous local and national performances. Throughout the Ames area, more and more local venues like Noir, Alluvial Brewing, and Della Viti offer live entertainment in great settings.

If you're into college sports, I hope you take the opportunity to experience a men's or women's Big 12 Conference basketball game and Hilton Magic or sing "Sweet Caroline" following a Cyclone football victory in Jack Trice Stadium.

While in Ames, be sure to discover one of the many outstanding local and national restaurants. I love barbecue, and if you do too, some of my local favorites are Hickory Park, Cornbred, and Jethro's. Interested in different cuisines? Look deeper in this guide for more great ideas!

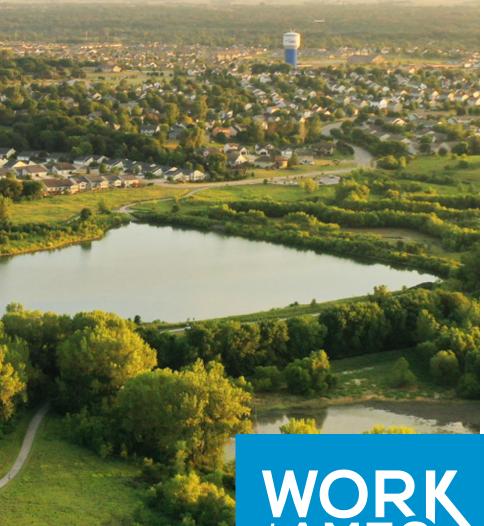
There's so much to discover in Ames! Enjoy your visit!

Kevin Bourke,

President and CEO, Discover Ames

... M. Bowle

YOU'LL LOVE A CAREER HERE!



When you work in the Ames area you can take your life to the next level. The Ames region offers:

Diverse job opportunities in healthcare, IT, manufacturing, and other in-demand industries.

Entertainment opportunities

including concerts, hundreds of dining options, ample outdoor recreation, diverse shopping options, Big XII athletics, and more.

Employers who value their employees by offering competitive wages, excellent benefits, and a variety of amenities.

2,000+

job and internship opportunities listed right now. Find your dream iob today!

WORK
in AMES.com

Your Gateway to Jobs in Boone and Story County, Iowa







ABOUT Discover Ames

Discover Ames (formally chartered as the Ames Convention & Visitors Bureau) is the official destination marketing organization for the city of Ames and the surrounding area. Discover Ames attracts and secures meetings, conventions, events, and visitors for Ames and Iowa State University. The organization provides services to groups and visitors as well as enhancing the quality of life for the Ames community.

The Ames tourism industry accounts for a major and irreplaceable source of revenue for the city's restaurants, shops, cultural organizations, attractions, and hotels. Discover Ames enhances the overall Ames experience and contributes to the economic well-being of the city through leadership and innovation in the hospitality industry.

MEET in Ames!

Discover Ames and ISU Extension and Outreach Conference Planning and Management staffs are jointly committed to creating an atmosphere where you don't have to worry about anything except relaxing and enjoying your event. We'll help you get started, connect you with others, and carry part of the load! For more information on hosting events in Ames and on the ISU campus, contact:

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Visit us at
DiscoverAmes.com







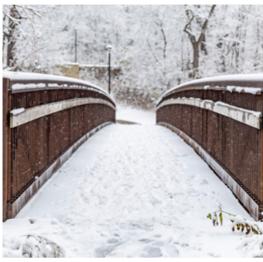


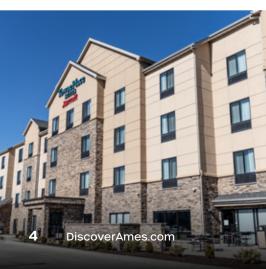
























Ames and Iowa State University are perfect partners. The innovative culture of the ISU campus is matched only by the vibrancy and small-town charm of Ames.

Ames has long been known as a great place to live. But it's also a great place to visit.

We invite you to discover Hilton Magic and Broadway shows, farmers markets and finger-licking barbecue, the state's best football tailgates and world-class art museums. Discover downtown shops and flower gardens, local beers and the great outdoors.

And discover the heart of the Ames community in every season. While our weather is not always warm, we assure you that our welcomes are!











5THINGS for your perfect Ames weekend

1. Go downtown

Find unique shops, independent restaurants, a thriving farmers' market, festivals, and more.

2. Take a spin around Ada Hayden

Walk or bike around Ada Hayden Heritage Park's pristine lake, or discover your favorite outdoor adventure at Ledges State Park or McFarland Park.

3. Stop and smell the flowers...

...at Reiman Gardens! This 17-acre botanical garden features a butterfly wing, conservatory, rose garden, and seasonal events.

4. Check out Ames' best brews (they're not all beer!)

Explore Ames' many breweries and taverns, awesome local coffee shops, Prairie Moon Winery, and Little Woods Herbal tea shop.

5. Enjoy a taste of Ames

Local restaurants abound in Ames! From barbecue to weekend brunch, Ames has all the right flavors.

Top Ames-area events and attractions

Ada Hayden Heritage Park

Enjoy this stunning recreational lake located just north of Ames! Walk, run, or bike the 3.2-mile paved path around the lake. Hike the upland trails. Boat, canoe, kayak, and fish. And don't forget to bring your picnic lunch! 5205 Grand Ave. cityofames.org

Boone & Scenic Valley Railroad and James H. Andrew Museum

A historical, educational (and fun!) railroad museum providing excursion train rides across the beautiful Des Moines River Valley.

225 10th St., Boone

515.432.4249 / bsvrr.com

Furman Aquatic Center

Located in the heart of Ames, Furman Aquatic Center offers a 50-meter pool, zero-depth splash pool with play structure water playground, lazy river, and three water slides. 1635 13th St. 515.232.7665 / cityofames.org

Ames History Museum

Discover fascinating local stories, explore changing exhibits, hear engaging programs, delve into research materials, and select unique Ames-related gift shop items.

416 Douglas Ave.
515.232.2148 / ameshistory.org

Inside Golf & Axe Throwing

Indoor golf simulator, axe throwing, and sports bar at North Grand Mall. **2801** *Grand Ave.*

Iowa Arboretum

Located in Boone County, the Iowa Arboretum encompasses 160 acres showcasing hundreds of species of trees, shrubs, and flowering plants, plus woodland and prairie walking trails. 1875 Peach Ave., Madrid

Iowa State University Athletics

Are you ready for some football? How about basketball? Gymnastics? Volleyball? Iowa State's Division I athletes face down their Big 12 competitors throughout the spring, fall, and winter in some of the best athletics facilities in the league. *cyclones.com*

Live music

In Ames, you'll find major concerts at Stephens Auditorium, intimate solo acts at the Memorial Union M-Shop, the Maximum Ames Music Festival, Bandshell Park concerts, Goldfinch Room singer-songwriters, bands at Ames breweries and wineries, the sweet sounds of jazz at Noir...and everything in between. Check out our weekly blog and events calendar at DiscoverAmes.com.

Ames Main Street Farmers' Market

The Ames Main Street Farmers' Market brings local food and fun to the heart of Ames. Discover something new every Saturday, May through October.

300-400 Blocks of Main Street

300-400 Blocks of Main Street 515,232,2310 /

amesmainstreetfarmersmarket.com

Merry & Bright Holiday Weekend

This Ames-area celebration, held the first weekend in December, features a variety of community activities in Story and Boone Counties. Events include the Winter Wonderscape Holiday Light Show at Reiman Gardens, Snow Magic Kick-off in downtown Ames, Iowa State University's WinterFest, Boone & Scenic Valley Railroad's Santa Express, and more.

National touring productions

You don't have to leave Ames to catch the best shows around! Broadway musicals, theatre productions, dance companies, comedians, and other nationally and internationally known performers come to Ames every year. Check out the lineups at Stephens Auditorium and other venues. And don't forget: Local theatre is alive and well in Ames, too!

DiscoverAmes.com center.iastate.edu/events

Octagon Art Festival

For more than 50 years, the Octagon Art Festival has brought the best of Midwest artists to downtown Ames. Held each September, the festival also features music, food trucks, a chalk-the-walk contest, and family-friendly activities. Sponsored by the Octagon Center for the Arts. octagonarts.org

Perfect Games

Enjoy 24 lanes of bowling, laser tag, arcade games, and pizza. Check out more than 30 big screens and hang out at the sports bar. 1320 Dickinson Ave. 515.598.2695 / perfectgamesinc.com

Rail Explorers

Ride the rails on electric pedal-powered carts, and enjoy the beautiful views of the Des Moines River and its surroundings. Experience the thrill of soaring high above the valley. 123 10th St., Boone

Reiman Gardens

17-acre public botanical garden with tropical plant conservatory, butterfly wing with live butterflies, annual changing displays, seasonal events, gift shop, and the world's largest concrete gnome. Private rentals and tours. Open year round.

1407 S. University Blvd.
515.294.2710 / reimangardens.com

Seven Oaks Recreation

Year-round outdoor recreation. Downhill skiing, snowboarding, and snow tubing. Canoe, kayak, river tube floats, paintball, Gladiator Assault Challenge mud run. Meeting and event space seating 400.

1086 222nd Dr., Boone 515.432.9457 / sevenoaksrec.com

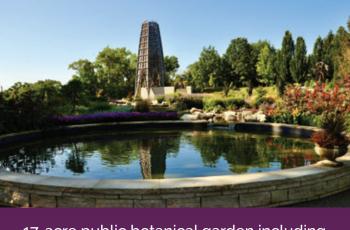




HELP MAKE HISTORY

Learn more about the museum expansion project: www.AmesHistory.org

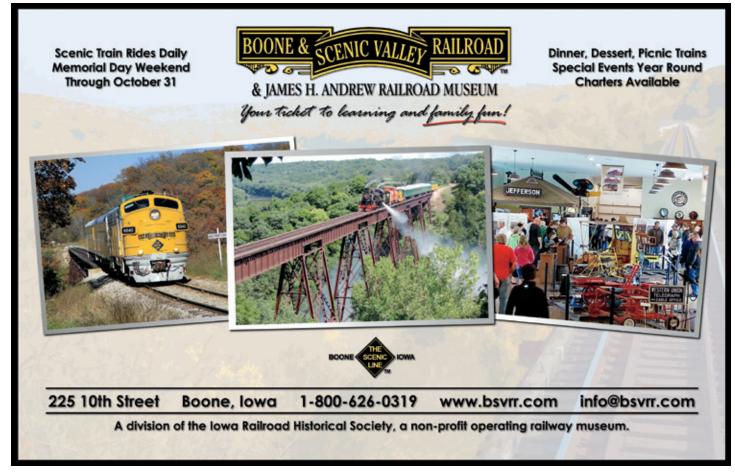




17-acre public botanical garden including Butterfly Wing with hundreds of exotic butterflies, tropical plant Conservatory, and Gift Shop. Annual changing displays.

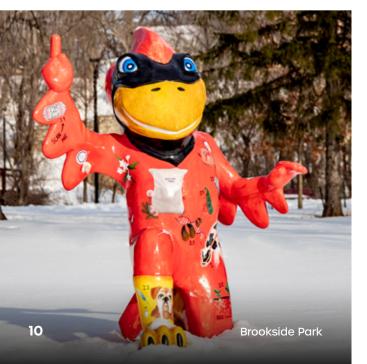


1407 University Blvd. - Ames, Iowa 50011 515-294-2710 | reimangardens.com









1. Fly away

When you walk into the Reiman Gardens Butterfly Wing, you will be amazed by the fluttering of up to 800 live butterflies representing as many as 80 different species, including the huge Madagascar Moon Moth and the stunning Blue Morpho. While you're there, you may even see butterflies and moths emerging from their chrysalises.

for your fun family getaway

2. Take a ride...

...on the Boone & Scenic Valley Railroad. From the Santa Express to a day out with Thomas the Tank Engine, you will love the ride! Don't forget to stop by the Railroad Museum to see toy trains and railroad memorabilia.

3. We all scream for ice cream

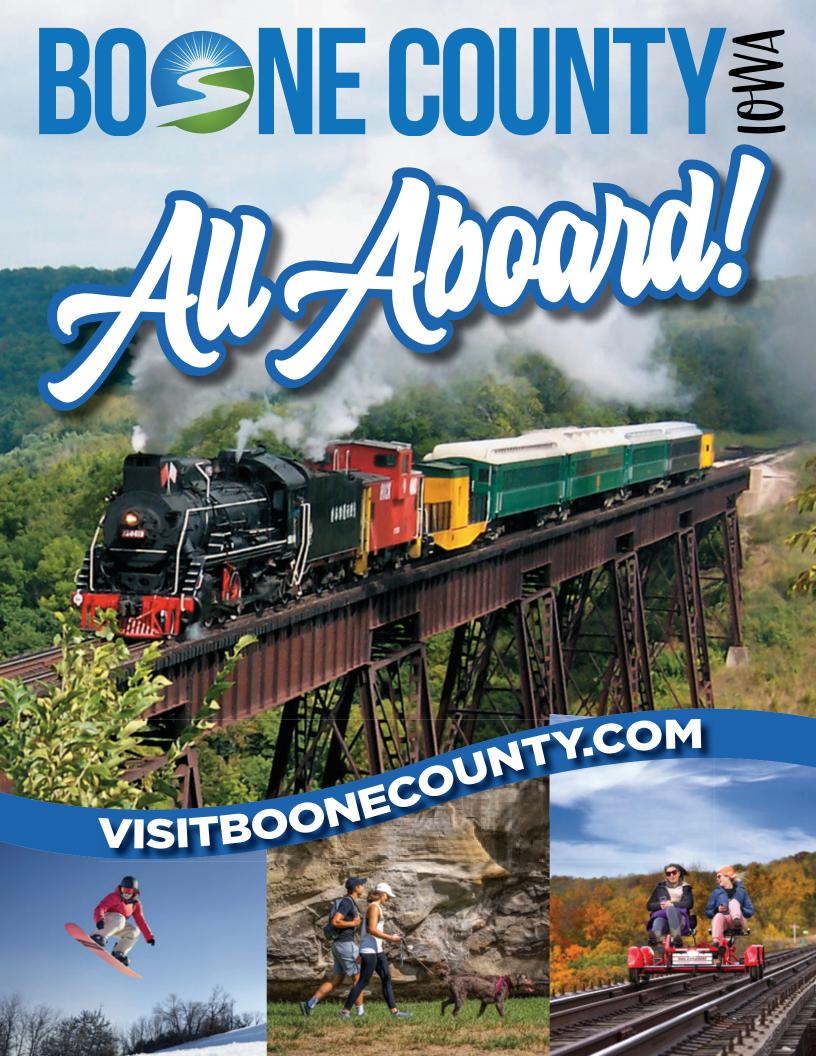
We dare you to try every ice cream combination at Hickory Park Restaurant – an Ames tradition since 1970! Try the merry-go-round sundae topped with a carousel of animal crackers.

4. Find Cy

Statues of the Iowa State Cyclone mascot can be found all over Ames. How many can you find? (Download a map at DiscoverAmes.com)

5. Play your perfect game

Play laser tag or your favorite arcade game at Perfect Games, central Iowa's premier family entertainment center. Hungry? They have pizza!



ENJOY YEAR-ROUND ACTIVITIES AT SEVEN OAKS RECREATION



www.SevenOaksRec.com
515-432-9457 • Only 15 miles west of Ames on Hwy 30







Ames is known for its recreational opportunities. And when you throw in surrounding Story County and nearby Boone County offerings, it gets even better.

With four golf courses, bike paths for miles, the lake at Ada Hayden Heritage Park, an outdoor aquatic center, and impressive system of city parks, there's no excuse to stay indoors. Drive a few miles west of Ames and you'll find Ledges State Park, Seven Oaks Recreation, the High Trestle Trail Bridge, and the new Rail Explorers.

5THINGS to do outside

1. Tee off

Check out Ames' thriving golf community! Three courses – Veenker Memorial, Coldwater Golf Links, and Homewood Municipal – are open to the public; Ames Golf & Country Club is a private facility.

2. Launch a canoe...

...or a kayak and paddle across the lake at Ada Hayden Heritage Park. With its tranquil beauty (and no motorboats allowed), you're in for a real treat.

3. Take the plunge

Furman Aquatic Center features a 50-meter pool, zero-depth splash pool, lazy river, and three water slides.

4. Hit the ice

Okay, technically the Ames/ISU Ice Arena is not outdoors, but you'll still feel the cold! Play hockey or practice freestyle skating, no matter your level of ability.

5. Get back to nature

Hike, bike, swim, camp, and paddle throughout Story County's 3,500 acres of parks, nature trails, prairies, and woodlands.



With bike trails and snowshoe paths, swimming and hiking, wildflowers and golf, kayaking and ice skating, here are a few places to start exploring:

Ames/ISU Ice Arena 1507 Gateway Hills Park Dr.

Coldwater Golf Links 1400 S. Grand

Furman Aquatic Center 1636 13th St.

Homewood Golf Course 401 E. 20th St.

lowa Arboretum 1875 Peach Ave., Madrid, Iowa

Seven Oaks Recreation 1086 222nd Dr., Boone

Story County Conservation

3,500 acres of parks and natural areas, including McFarland, Peterson, and Hickory Grove Parks.

Trailside Rentals

Guest houses and bicycle shop in Madrid, Iowa, perfectly situated near the High Trestle Trail Bridge. *trailsiderentals-madrid.com*

Veenker Memorial Golf Course 2916 Veenker Dr.







EXPLORE · BIKE · SWIM · HUNT · LEARN



HIKE · FISH · CAMP · RELAX · PADDLE



Connecting people with nature and improving natural resources -- making Story County a great place to live, work, and recreate.

Find your outdoor fun at www.storycountyconservation.org







Discover Ames through these distinctive business districts!

It's easy to find your way around Ames, and even easier to fall in love with its vibrant and unique districts. Discover downtown, campustown, North Grand, Somerset, South Duff – and beyond!

DISCOVER Ames business districts





Downtown is the beating heart in the center of Ames. Discover downtown's unique, independent shops and restaurants, farmers' market, festivals and special events, live music, and so much more!

Nook & Nest

First and foremost, downtown Ames is a shopping destination. Check out some of these unique stores and attractions:

Ames Silversmithing

220 Main St.

Chocolaterie Stam

Outstanding variety of fine European chocolates and other treats. Savor a dish of gelato or sip some coffee in this adorable shop. 230 Main St.

Cooks' Emporium

A locally owned and operated kitchenware shop, featuring outstanding customer service, quality products, and a full range of classes. 313 Main St.

Dog-eared Books

203 Main St.

Evert's Flowers Home & Gifts

Fresh floral arrangements, plants, seasonal décor, wedding floral, and gift items. **329** *Main St.*

Gilger Designs

Family-owned jewelry and art store offering custom designs, appraisals, repair, and fine art. 236 Main St.

Life Distilled

A modern-day apothecary simplifying an allnatural lifestyle. *301 Main St.*

Marmalade Moon

Ever-changing and unique flavors of ice cream, plus snacks, treats, beverages, toys, and gifts. 207 Main St.

Moorman Clothiers

Locally owned clothing store; Iowa State apparel, men's suits and sport coats, women's clothing. **226** *Main St.*

No Escape Iowa

Technology-rich escape rooms, with challenge levels ranging from kids to experienced adults 328 Main St., Suite 30

Nook & Nest

Perfectly curated boutique home collections and stationery; find that special item for your home or for gift-giving.

301 Main St., Suite 109

Octagon Shop

Consignment retailer for original works of more than 175 area artists. 413 *Douglas Ave.*

PhotoSynthesis

Boutique design shop specializing in modern and unique photo gifts, home décor items, and photo services.

317 Main St.

Skunk River Sports

Your local full-service bicycle shop with top brands and styles, parts, accessories, and bike repair.

308 Main St.

Treats on a Leash

Local, family-owned pet supply store specializing in food, treats, and supplies for dogs and cats.

216 Main St.

Tres Teal

Unique women's clothing boutique offering fashionable clothing and accessories. 319 Main St.

Wheatsfield Cooperative

Community-owned natural foods grocery, nurturing the Ames community since 1974. *413 Northwestern Ave.*

Worldly Goods

Non-profit, fair-trade store operated by volunteers, featuring products from more than 50 countries.

223 Main St.

Z.W. Mercantile

Products to help you lead a more sustainable, zero-waste lifestyle. 301 Main St., Suite 8

Simplifying an all-natural lifestyle.

Shop our wide array of

- · essential oils & accessories
- all-natural beauty and personal care items
- toxin-free household products
- · locally made goods and gifts

LIFE DISTILLED

301 Main St. Suite 105, Ames, IA













eco-friendly GENERAL STORE

SINCE 2020



Cooks' Emporium

Offering Quality Kitchenware,
On-Tap Olive Oil & Vinegar,
and Cooking Classes







THINGS to discover downtown

1. The best shopping

Shop for books, clothing, shoes, chocolate, candles, home décor, and more.

2. A bit of art, a bit of history

Enjoy the Ames History Museum, Octagon Center for the Arts, arts festivals, and street art.

3. Vintage & consignment

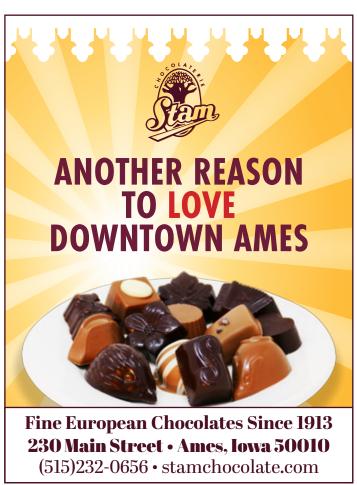
Downtown is a hub for resale shops and sustainable goods.

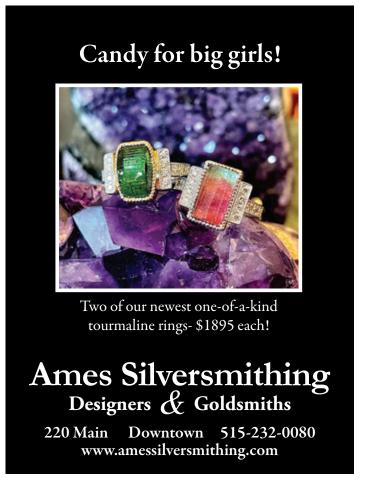
4. Great food and drink

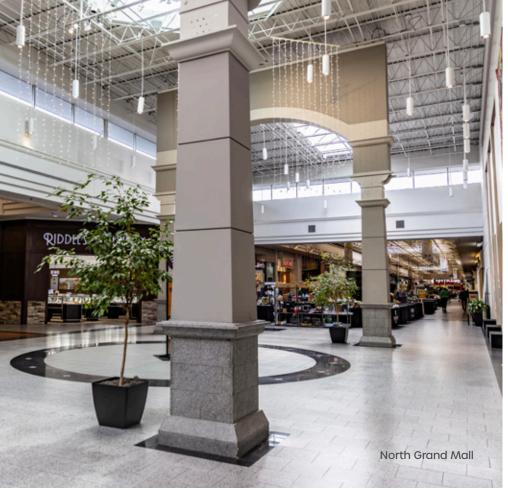
Don't miss Ames favorites like Aunt Maude's and Great Plains Sauce and Dough, plus newer coffee shops, restaurants, and bars.

5. Music

Music lovers head downtown year round for live music at bars and restaurants, concerts at Ames City Auditorium, music festivals, and summer sounds at Bandshell Park.









NORTH GRAND

North Grand is more than a shopping mall! Sure, you'll find national retailers at North Grand Mall, but you may be surprised to find unique local shops, boutiques, indoor and outdoor farmers' markets, an independent cookie store and other food vendors, and entertainment venues like Inside Golf /Axe Throwing and a movie theater. Outside the mall, there's more shopping, more restaurants, and more fun.

North Grand Mall

Shopping, entertainment, dining, special events, and fitness center. Anchor stores include JCPenney, Kohl's, and T.J. Maxx. northgrandmall.com
2801 Grand Ave.

Cookies, etc.

cookies-etc.com

North Grand Indoor Farmers Market

North Grand Mall

See full list of restaurants starting on page 30









CAMPUSTOWN

Location, location, location! Just across Lincoln Way from the ISU campus, you'll find two dozen restaurants, essential shopping, a thriving nightlife, Cyclone gear, student housing, outdoor events ... and a very cool vibe. Don't miss out on these campustown favorites:

Barefoot Campus Outfitter

Your one-stop shop for all your ISU fan gear! Clothing, accessories, home décor, and drinkware. Located on Lincoln Way across from the ISU campus. barefootcampusoutfitter.com/iowa-state

Dogtown University / A&R Marketing

Licensed Iowa State apparel, plus custom tees, sweats, polos, and quarter-zips for your group. 217 Welch Ave.

Blaze Pizza

2320 Lincoln Way

Pizza Pit Extreme 207 Welch Ave.

Welch Ave Station

207 Welch Ave.

 $See full \ list \ of \ restaurants \ starting \ on \ page \ 30$





SOMERSET

This up-and-coming lifestyle district in North Ames includes mixed-use housing and professional services along with some of the best restaurants in town. Meals at The Café are worth the wait (sometimes the line goes out the door, so don't say we didn't warn you); you'll also find Wallaby's Bar & Grille with roof-top dining, some of Iowa's best burgers at Brick City Grill, light fare and espresso drinks at Burgie's North, and Mexican favorites at El Azteca.

Brick City Grill 2640 Stange Rd.

The Café

2616 Northridge Pkwy.

Burgie's 3701 Stange Rd.

Wallaby's Bar & Grille

2733 Stange Rd.

SOUTH DUFF

Big-box stores mingle with chain and local restaurants, a movie theater, specialty shops, and drive-throughs. For a taste of authentic Ames, try Hickory Park, B-Bop's, Mucky Duck, and Jethro's, then get your shopping fix at Home Goods, Five Below, Ulta Beauty, and other national chains.

Crumbl Cookies 414 S. Duff Ave.

Mucky Duck Pub 3100 S. Duff Ave.

Hickory Park

Texas Roadhouse

1404 S. Duff Ave.

519 S. Duff Ave.

Jethro's BBQ Steak n' Chop 1301 Buckeye Ave.

MORE TO EXPLORE

True Ames insiders know there's even more to discover in Ames!

- In West Ames, check out Daytime Diner, JAX Outdoor Gear, West Towne Pub, and Ciccotti Art Glass.
- Along the South 16th Street corridor, you'll find dining destinations like Dublin Bay, Wasabi, and El Azteca. And just south on Airport Road you'll find Provisions Lot F, one of our favorite restaurants.
- It's worth the drive to Story City, where you'll find antiques galore at Antiques Iowa, more unique shops, and a historic wooden carousel just 10 miles north of Ames.

Antiques Iowa

18,000-square-foot antique mall with 125 dealers; great prices; great vintage, collectibles, and true antiques. 1639 Broad St., Story City

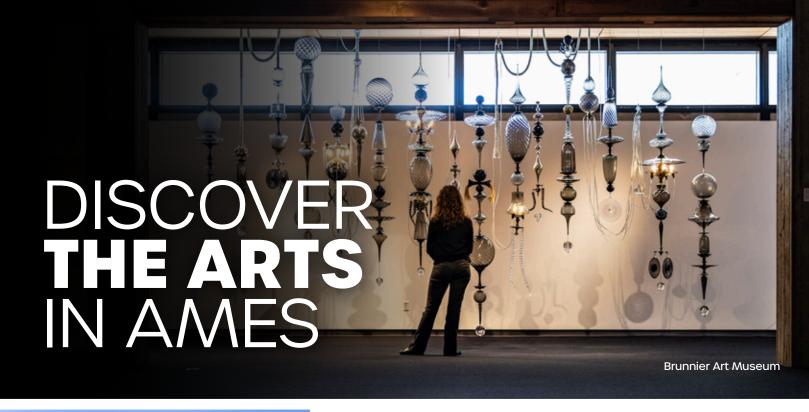
Ciccotti Art Glass

Gift shop and art gallery with a wide range of artwork. Custom orders accepted, and glassblowing lessons available. 2306 258th St.

JAX Outdoor Gear

Quality name-brand merchandise, gear, footwear, and apparel for the active lifestyler, outdoor enthusiast, or sportsperson. *4723 West Lincoln Way*

See full list of restaurants starting on page 30







You'll find Broadway-caliber theatre, world-class art museums, and a thriving music scene all across Ames and Iowa State University.

Octagon Center for the Arts

The Octagon offers a community gallery and a shop featuring the work of local artists. It's also the organization behind the annual Octagon Art Festival held each fall.

427 Douglas Ave.

Iowa State University Museums

Through the Brunnier Art Museum, Christian Petersen Art Museum, Anderson Sculpture Garden, Farm House Museum, and the Art on Campus collection, University Museums brings worldclass exhibitions to Iowa State.

Maximum Ames Music Festival

Dozens of bands converge on Ames during this city-wide music festival, playing venues ranging from Ames City Auditorium to downtown pubs. Looking for live music the rest of the year? Your favorite group may be performing at a local winery or brewery, bar, restaurant, Bandshell Park, the Memorial Union Maintenance Shop, or the Iowa State Center.

Stephens Auditorium

Stephens is your go-to location for Broadway musicals, comedy, music, and dance on the ISU campus. A singer-songwriter series in the Goldfinch Room offers a smaller, more intimate experience. 1900 Center Drive

Ames History Museum

Discover Ames history in this downtown gathering space. Watch for a major expansion of the museum in 2023! 416 Douglas Ave.

Regional and student-led theatre

ACTORS, Story Theater Company, Ames Municipal Band, Iowa State's Department of Music and Theatre, and other groups greatly contribute to the thriving arts scene in Ames.

Lectures

Iowa State's lectures program brings dozens of nationally known speakers to the Ames community each year. In addition, the Ames Public Library and Ames History Museum frequently sponsor lectures in the library's auditorium.





BY THE NUMBERS:

30,000 students

schools and colleges

Where innovation is just the beginning

We think Ames is lowa's coolest college town, so lowa State University must be lowa's coolest college Iowa State's students are innovating solutions for the future. Degree programs in agriculture and biosystems engineering, climate science, health care analytics, artificial intelligence, and entrepreneurship help students launch their passion into a profession and maximize their impact on the world. Students collaborate at the new Student Innovation Center, pitch their best business ideas during annual pitch-off competitions, and make lifelong friends through first-year learning communities.







100+
undergraduate
majors

800+ student organizations 1858 year founded



5THINGS to explore on the lowa State campus

1. It's so walkable

Cars are limited on central campus, so you can stroll the sidewalks and enjoy the landscaping, architecture, and people-watching.

2. Discover unlimited arts

Iowa State has one of the nation's largest – and we would add best – campus public art collections. Combine that with world-class art museums, Broadway shows and concerts in Stephens Auditorium, and student-led music and theatre, and you'll never run out of things to do.

3. Game day is a blast

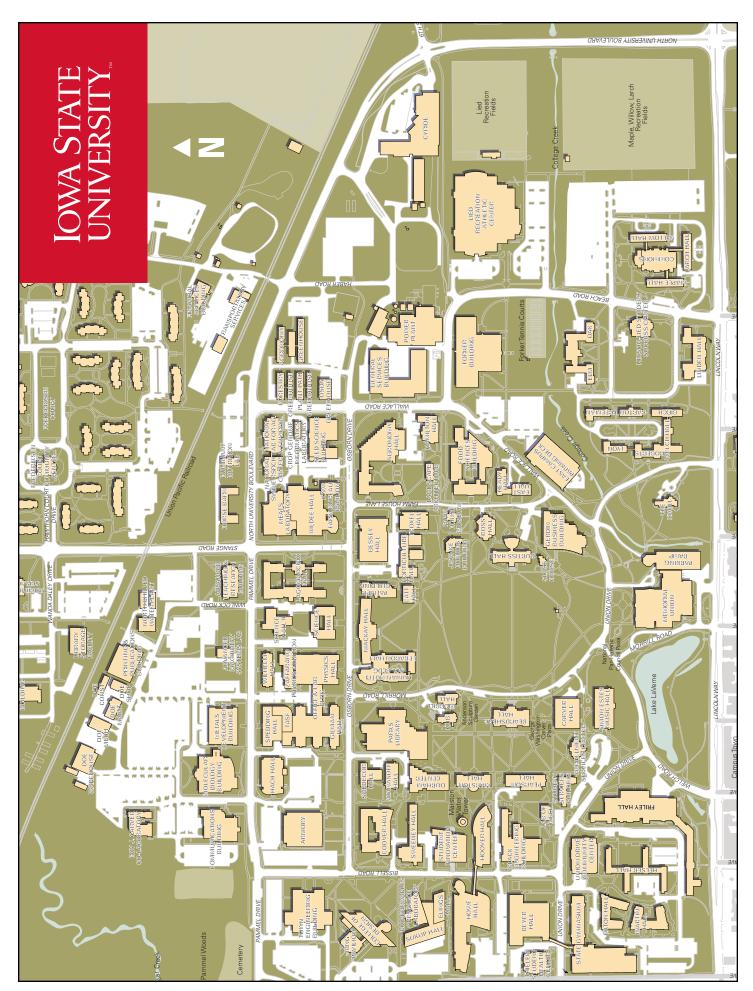
If you're a Cyclone football fan – or even if you're not – game day in Ames has to be experienced to be believed.

4. Find what you're looking for at the Memorial Union

Looking for a snack? A cup of coffee? A game of bowling? Hands-on crafts? Cyclone clothing? Live music? Iowa State's Memorial Union truly has it all.

5. Celebrate the seasons

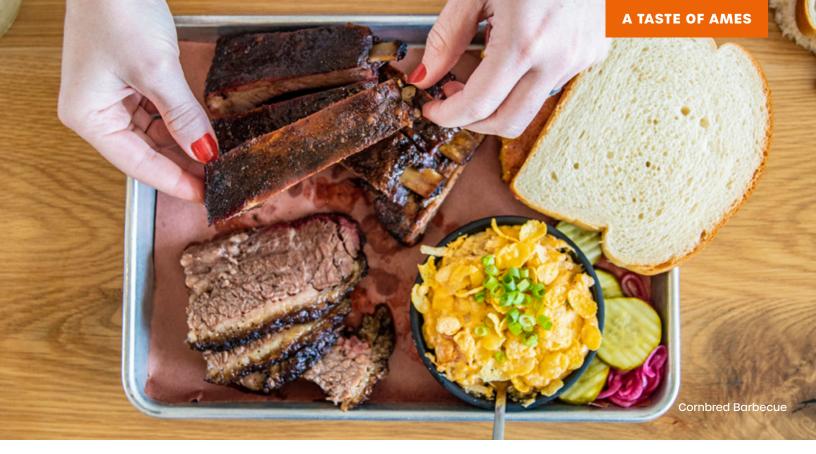
Iowa State's 1,900-acre campus is ranked among the nation's most beautiful. We love the flowering trees in the spring, the brilliant fall leaves, and the bright flowers of summer. Even in winter, snow turns the campus into an eye-popping wonderland!



ATASTE OF AMES

Pizza, barbecue, global cuisines, and local flavors... Ames has it all!

You're hungry. We're here to help! We've put together a guide to all the unique flavors, fast food, pizza-on-the-go, hip cafes, bar and grills, fine dining, and down-home goodness that Ames has to offer. Choose your location – downtown, campustown, north Ames, or South Duff – and we can find the perfect meal or snack for whatever you've been craving.



An Instagrammable

WEEKEND OF EATS

Spend a weekend adding beautiful (and delicious) dishes to your Instagram feed. Try these uniquely Ames restaurants to spice up your tastebuds – and your influencer rating.

Saturday breakfast in style

Kick off your weekend with breakfast at Daytime Diner, a brunch and coffee spot serving up delicious eats, strong coffee, and good vibes. Pair the fluffy French toast with a side of latte art for the most important meal of the day.

A twist on the classic Saturday lunch

No more boring sandwiches for lunch. West Street Deli, Ames' original toasted sandwich shop, offers over 15 specialty sandwiches, crafted with fresh ingredients and made from scratch. Our favorite? Whatever rotating special sandwich they've created.

Not your average afternoon snack

Stop by The Filling Station for anything you might need as an afternoon pickme-up. With great food, delicious locally roasted coffee (and a cute photo op), and snacks, this gas station/restaurant/coffee shop infusion is truly an Ames gem.

Saturday dinner

You've had barbecue. But, have you had Cornbred's spin on barbecue? They bring unique flavors to traditional barbecue, with craft cocktails and local Iowan brews on tap to wash it down. The pig candy is a must-try.



A Gatsby-inspired Saturday night

Time travel back to the roaring twenties at Noir, a downtown prohibitionthemed bar shaking up signature cocktails and live music.

Sunday brunch

Finish your weekend with chicken and waffles for brunch from Provisions
Lot F, a full-service restaurant and bar serving trendy meals, craft cocktails, and fresh coffee.

Ames-area restaurants

1+1 Restaurant & Tea 2814 West St.

888 809 Wheeler St.

Abelardo's Mexican 533 Lincoln Way

Applebee's Grill + Bar 105 Chestnut St.

Arby's Two Ames locations: 409 S. Duff Ave. 2722 E. 13th St.

Aunt Maude's

A locally owned fine-dining restaurant. Fresh house-made food, full bar and wine list, serving lunch and dinner. Patio seating and private dining available. Reservations accepted. 547 Main St. 515.233.4136 / auntmaudes.com

B Fabulous BBQ & Catering

Dine in, carry out, and full-service catering; specializing in smoked meats, comfort foods, and dessert.

600 Linn St., Slater
515.597.8256 / bfabbbq.com

Bar La Tosca / Stomping Grounds Café 303 Welch Ave.

B-Bop's 1112 S. Duff Ave.

Big Acai 2702 Lincoln Way

Blaze Pizza

Fast-Fire'd build-your-own pizza in campustown. Dine in or carry out. 2320 Lincoln Way 515.918.3473 / blazepizza.com

Blue Fish Hawaii Poke Bowl 127 Welch Ave.

BNC Field House Bar & Grill 206 Welch Ave.

Botanero Latino Colombian & International Cuisine 604 E. Lincoln Way

Boulder Tap House 114 S. Duff Ave.

32

Brick City Grill

One of Ames' favorite sports bars and family dining destinations. Come try the awardwinning "Best Burger in Iowa."

2640 Stange Rd.
515.268.4224 / brick-city-grill.com

Bricktown Bakery

Fresh donuts, pastries, coffee, pie, and ice cream, located in the downtown Nevada historical district. Check out the "donut of the week" – but they go fast! 1105 6th St., Nevada 641.336.6887 / bricktown-bakery.com

Buffalo Wild Wings 400 S. Duff Ave.

Burgie's

Coffee shop featuring breakfast and lunch options made to order.

North: 3710 Stange Rd.

South: 110 Airport Rd.

Cactus Mexican Restaurant & Cantina 2420 Lincoln Way

Café Beaudelaire 2504 Lincoln Way

Café Diem 229 Main St.

Campustown Smoothies 200 Stanton Ave.

Celaya TexMex 217 S. Duff Ave

Chick-fil-A 230 S. Duff Ave.

Chipotle Mexican Grill 435 S. Duff Ave.

Clouds 119 Stanton Ave.

Cornbred Barbecue

Warehouse-style venue serving wood-fired BBQ & down-home sides, along with cocktails & draft beer. 526 Main St. 515.715.1066 / cornbredbbq.com

Culver's 525 Gilchrist St.

Dairy Queen Three Ames locations: 316 Lincoln Way 3308 Orion Dr. 2108 Isaac Newton Dr. Domino's Pizza Two Ames locations: 122 Hayward 302 Lincoln Way Delivery/carryout

Downtown Deli 3328 Main St.

Dublin Bay Irish Pub and Grill

Wonderfully unique menu. Full-service pub with 25 beers on tap, a newly expanded patio, and Irish hospitality. There are no strangers here, just friends whom you haven't met yet! 320 S. 16th St.

515.956.3580 / dublinbayames.com

Dunkin' 2650 Lincoln Way

Dutch Oven Bakery 219 Duff Ave.

El Azteca Two Ames locations: 2120 Isaac Newton Dr. 2727 Stange Rd.

Es Tas Bar & Grill 216 Stanton Ave.

Filling Station

Family-owned, casual spot for baked goods, breakfast, lunch, and Saturday brunch. Featuring tenderloins, brisket, and other madefrom-scratch menu items.

2400 S. University Blvd.

515.292.6769 / fillingstationames.com

Firehouse Subs 703 S. Duff Ave.

Five Guys 535 S. Duff Ave.

Flame & Skewer 2801 Grand Ave.

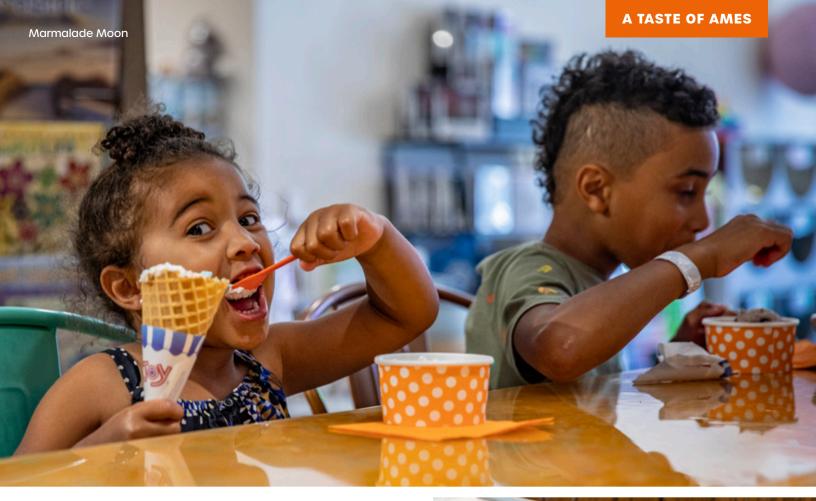
Flip'N Jacks Pancake House 1520 S. Dayton Ave.

Freddy's Frozen Custard & Steakburgers 2420 Lincoln Way

Fuji Japanese Steakhouse

Cheery restaurant offering inventive sushi rolls, classic hibachi options, and happy hour deals. 1614 S. Kellogg Ave. 515.232.8383 / fujiames.com

DiscoverAmes.com List continues on page 34



SWEETS TREATS

Treat yourself to these best-of-Ames delights:

Weekly rotating cookie flavors at **Crumbl Cookies**

Unique homemade ice cream at **Marmalade Moon**

European-style chocolates and creamy gelato at **Chocolaterie Stam**

Straight-from-mom's-kitchen cookies at **Cookies, etc.**

Iowa State University-flavored ice creams at **ISU Creamery**





Ames-area restaurants (continued)

Gatherings

Gatherings by Farmhouse Catering is a beautiful, private-event venue located in historic downtown Nevada. On- and off-site catering and bar services available.

1024 6th St., Nevada

515.230.2717 / farmhousecaters.com

Ge-Angelo's 823 Wheeler St.

Great Harvest Bakery and Cafe

Great Harvest Bakery and Cafe offers healthy, tasty breads, sandwiches and sweets, using fresh non-GMO wheat milled on site. Vegan, vegetarian, gluten-x and dairy-x options. 502 Burnett Ave. 515.598.2624 ames.greatharvestbread.com

Great Plains Sauce & Dough

A classic Ames pizza shop offering six different pizza styles, including whole wheat, oat, and potato crusts. Don't forget the honey!

129 Main St.

515.232.4263 / greatplainspizza.com

Hickory Park

An Ames tradition since 1970! Hickorysmoked meats, sides and salads, and old-fashioned ice-cream-parlor sundaes. 515.232.8940 hickoryparkames.com

House of Chen 705 E. Lincoln Way

Hu-Hot Mongolian Grill 703 S. Duff Ave.

Hy-Vee Lincoln Center 640 Lincoln Way

Hy-Vee West 3800 Lincoln Way

Ichiban Japanese 117 Welch Ave.

India Palace 120 Hayward Ave.

Insomnia Cookies 217 Welch Ave.

Iowa State University Memorial Union

Located in the heart of Iowa State, The Memorial Union offers food choices from pizza, sandwiches, and burgers, to burritos, international, and vegetarian cuisine. 2229 Lincoln Way 515.296.6848 / mu.iastate.edu

ISU Catering

A flare for every kind of fare! From intimate to large-scale events, weddings, buffets, served meals, on- or off-campus. 515.294.2103 / catering.iastate.edu

Jeff's Pizza Shop 2402 Lincoln Way

Jersey Mike's Subs 537 Lincoln Way

Jethro's BBQ Steak n' Chop

Steaks, chops, BBQ, and banquet facility 1301 Buckeye Ave. (off Duff Ave.) 515.598.1200 / jethrosdesmoines.com/jethrosbq-steak-n-chop-ames-location

Jimmy John's Five Ames locations: 716 S. Duff Ave. 135 Welch Ave. 2801 Grand Ave. 2721 E. 13th St. 4518 Mortensen Rd.

Joy's Mongolian Grill 112 Hayward Ave.

La Casa Maya 631 Lincoln Way

La Fiesta Bar & Grill 823 Wheeler St.

Le's Vietnamese 113 Colorado Ave.

Little Caesars Pizza 539 Lincoln Way

Little Taipei 2514 Chamberlain St.

Lockwood Café 4625 Reliable St.

Macubana 116 Welch Ave.

Margarita's Sport Bar & Mexican Restaurant 823 Wheeler St.

McDonald's Restaurant Two Ames locations: 129 S Duff Ave 3621 Lincoln Way

Mongolian Buffet 1620 S. Kellogg Ave. #103

Mr. Burrito 2508 Lincoln Way

Mucky Duck Pub

Friendly British-style pub and restaurant with the best fish and chips in Ames. 3100 S. Duff Ave. 515.232.8888 / themuckyduckpub.com

Noodles & Company 400 S. Duff Ave.

North Grand Seafood 823 Wheeler St.

Old Chicago Pizza & Taproom 1610 S. Kellogg

Pammel Deli 113 Colorado Ave.

Panchero's Mexican Grill 1310 S. Duff Ave.

Panda Express 436 S. Duff Ave.

Panera Bread 309 S. Duff Ave.

Papa John's Pizza 3335 Lincoln Way 707 24th St. Takeout/delivery only

Papa Murphy's 123 Lincoln Way Take and bake

PepperJax Grill 414 S. Duff Ave.

Perkins

Kid-friendly chain known for baked goods, breakfasts, and other standards in diner-like digs.

325 S. Duff Ave.
515.520.8940 / perkinsrestaurants.com

Pho & Tea 725 24th St.

Pizza Hut 620 Lincoln Way Pickup & delivery only

Pizza Pit Extreme

Pizza, hot sandwiches, chicken wings, and appetizers, located above Welch Ave. Station. Catering is available.

207 Welch Ave.

515.292.6600 / pizzapit.biz/ames-ia

Pizza Ranch 1414 Boston Ave. Potbelly Sandwich Shop 2310 Lincoln Way

Provisions Lot F

Stylish American spot serving breakfast, weekend brunch, lunch, dinner, craft beer, wine, and cocktails. Don't miss the bakery and desert!

2400 N. Loop Dr. 515.598.1783 / provisionsames.com

Red Lobster

Lively chain restaurant serving American seafood standards amid New England-themed decor.

1100 Buckeye Ave. 515.232.2922 / redlobster.com

Rico's Tacos 624 E. Lincoln Way

Sweet Caroline's Kitchen & Cocktails 316 Main St.

Subway Five Ames locations: 302 Lincoln Way 113 Welch Ave. 3218 Orion Dr. 2108 Isaac Newton Dr. 3712 Lincoln Way

Szechuan House 3605 Lincoln Way

Taco Bell 421 S. Duff Ave.

Taco John's

Fast-food Mexican 500 Lincoln Way 515.232.3176 / tacojohns.com/ia/ ames/500-lincoln-way Taste Place Chinese 223 Welch Ave.

Taza Fresh 1310 S. Duff Ave.

Texas Roadhouse

Hand-cut steaks, ribs, sides, cold beer, and irresistible fresh-baked bread. 519 S. Duff Ave. 515.232.7427 / texasroadhouse.com

Thai Kitchen 2410 Chamberlain St.

The Café

Smart yet unpretentious full-service café featuring eclectic farm-to-table fare, a boutique bar, and desserts.

2616 Northridge Pkwy
515.292.0100 / thecafeames.com

The Grove Café 124 Main St.

The IowaStater Restaurant at Gateway Hotel

Full-service restaurant, steeped in the history of Iowa State University, where comfort and fine dining meet! A full bar featuring Iowa spirits and beers, private dining room, and relaxed atmosphere.

2100 Green Hills Dr.

515.268.2238 theiowastaterrestaurant.com

The Spice Thai Cuisine 402 Main St.

Tropical Smoothie Café 517 Lincoln Way

Village Inn 524 Lincoln Way

Wallaby's Bar & Grille

Ames' ONLY rooftop patio! Voted Ames' Best Sports Bar! Named "101 of the Best Sports Bars in the U.S." by CNNGO.com. 2733 Stange Rd. 515.292.1167 / wallabysbarandgrille.com

Wasabi Ames 926 S. 16th St.

Wendy's 528 S. Duff Ave.

West Street Deli

For 20 years, offering Ames and visitors fresh, made-from-scratch toasted sandwiches, homemade soups, chilis, and desserts. Check out Ames' original toasted sandwich. 2810 West St. 515.268.4605 facebook.com/WestStreetDeli

West Towne Pub 4518 Mortensen Rd.

Wheatsfield Cooperative

Natural foods grocery store and deli. 413 Northwestern Ave. 515.232.4094 / wheatsfield.coop

Which Wich Superior Sandwiches 2710 Lincoln Way

Whiskey River 134 Main St.

Wingstop 703 S. Duff Ave.

Wok N Roll 120 Welch Ave.













Local BREW CRAWL

You've heard of a bar crawl? To your bar crawl, we raise you a brew crawl. Spend a day trying these unique drinks – all brewed right here in Ames:

Morning cup of joe

Start your brew crawl downtown with a seasonally inspired latte from Cafe Diem.

Mid-day sips

Sit at the tea bar and try four different kinds of artisanal teas in a tea flight from Little Woods: Herbs and Teas on Main.

Happy hour pick-me-up

It's 5 o'clock somewhere. Sip on a glass of Honey Moon, a sweet red wine infused with the flavor of Iowa honey at Prairie Moon Winery.

Dinner and a drink

Pizza and beer – is there a better combo? Stop in to Torrent Brewing for a laid-back dinner filled with local craft beer and flatbread pizzas.

Saturday night celebrations

One last stop in the brew crawl: Taste the wines at Iowa's first self-serve wine bar, Della Viti. Find your favorite wine and drink it all night long.

BREWERIES

Alluvial Brewing

Located 3 miles north of Ames. Taproom features 10 unique varieties of craft beer dedicated to quality and taste, focused on celebrating community. Live music, patio. 3715 W. 190th St.

Torrent Brewing Company 504 Burnett Ave.

COFFEE

Burgie's Coffee

Espresso bar plus manual brew coffees from Windmill Coffee Roasters, and more.

South: 110 Airport Rd. North: 3701 Stange Rd.

Cabin Coffee Co. 2721 E. 13th St.

Café Diem 229 Main St.

Café Milo 4800 Mortensen Rd.

Clouds 119 Stanton Ave.

Grounded Coffeehouse 312 S. 2nd St.

Morning Bell Coffee Roasters

Big-city-style specialty coffee on Main Street! Espresso, pour-over service, and nitro cold brews.

111 Main St.

Scooter's Coffee 104 Duff Ave. 200 S. 16th St. Drive-through

Starbucks 507 Lincoln Way 2302 Lincoln Way 2925 Grand Also in Target & both Hy-vee grocery stores

Stomping Grounds 303 Welch Ave.

Vinyl Café 303 Kellogg Ave.

TΕΔ

Little Woods: Herbs & Teas

Artisan tea bar and apothecary specializing in original hand-blended teas and spices. 136 Main St.

Pho & Tea 725 24th St.

Tea Time 107 Welch Ave.

WINE

Della Viti wine bar 323 Main St.

Prairie Moon Winery & Vineyards 3801 W. 190th St.

Snus Hill Vineyard & Winery 2183 320th St., Madrid, Iowa

...AND A FEW MORE SPOTS IN AMES TO ENJOY BEER, WINE, AND COCKTAILS:

Cellar 626 626 Lincoln Way

Dublin Bay Irish Pub and Grill

Full-service pub with 25 beers on tap, a large patio, and Irish hospitality. 320 S. 16th St.

London Underground 212 Main St.

Mucky Duck Pub

Friendly British-style pub and restaurant. 3100 S. Duff Ave.

Noir

Prohibition-style whiskey bar featuring live music on weekends. 405 Kellogg Ave.

Sweet Caroline's Kitchen & Cocktails 316 Main St.

Welch Ave. Station

An Ames favorite for over 30 years. Comfortable atmosphere with TVs, good music, full-service bar, and unique craft beers. Full Pizza Pit menu brought to your table. 207 Welch Ave.

Whiskey River 134 Main St.







You'll find us in the heart of Ames, Iowa—an easy walk from the ISU campus. As one of the few full-service hotels in the city (and home to the largest conference center), we provide a modern, welcoming destination for work or play.









Plan your stay today! » GatewayAmes.com



Whatever brings you to Ames, we have a place for you to stay.

Visitors to Ames may choose from locations near the Iowa State University campus, close to major highways, or tucked away in the countryside. Three full-service hotels offer meals and ample meeting space for your group or conference.





Ames-area hotels

AmericInn

2507 SE 16th St. 515.233.1005

Baymont by Wyndham

Free breakfast, free wi-fi, and indoor pool. 1605 S. Dayton Place 515.337.2751

Best Western Plus University Park Inn & Suites

Hot breakfast, indoor pool, hot tub, exercise facility, and meeting space. 2500 University Blvd. 515.296.2500

Comfort Inn & Suites Near ISU Campus

Hot breakfast, heated pool, fitness center; next to Coldwater Golf Links. 603 S. 16th St. 515.663.9555

Country Inn & Suites

2605 SE 16th St. 515,233,3935

Courtyard by Marriott

Modern design, bistro, meeting space, full bar, and Starbucks coffee. 311 S. 17th St. 515.620.5910

Days Inn by Wyndham

Free wi-fi, business center, laundry facilities, free light breakfast.

229 S. Duff Ave.
515.232.0280

EconoLodge

2600 SE 16th St. 515.233.6060

Fairfield Inn & Suites by Marriott

Newly renovated, in-room micro/fridge, suite options, pool, hot tub, fitness room, and hot breakfast.

2137 Isaac Newton Dr.
515.232.4000

Gateway Hotel & Conference Center at ISU

Premier full-service hotel for business meetings, conferences, and events; indoor pool, fitness center, and restaurant.

2100 Green Hills Dr.

515.292.8600

GrandStay Hotel & Suites

One- and two-bedroom suites and studios; indoor pool, breakfast, exercise room; weekly/monthly rental available.

1606 S. Kellogg Ave.

1606 S. Kellogg Ave 515.232.8363

Hampton Inn & Suites

Hot breakfast, fitness center, meeting space, indoor pool. 2100 SE 16th St. 515.232.5510

Hilton Garden Inn

Restaurant/lounge, indoor pool, fitness center, event space, full-service catering; suites available.

1325 Dickinson Ave. 515.233.8000

Holiday Inn Express & Suites

Indoor pool, fitness center, board room, free hot breakfast. 2600 E. 13th St. 515.232.2300

Microtel Inn & Suites

Extended continental breakfast, meeting room, fitness center, wi-fi, suites available. 2216 SE 16th St. 515.233.4444

Quality Inn & Suites Ames Conference Center

2601 E. 13th St. 515.232.9260

Radisson Hotel Ames Conference Center at ISU

Full-service hotel; indoor pool, restaurant and lounge, fitness center, bike rental; easy walking distance from Research Park.

2609 University Blvd.

515.268.8808

Red Roof Inn

Pet-friendly, free wi-fi, fitness center, business center, continental breakfast.

1400 S. Dayton Place
515.239.9999

Sleep Inn & Suites

Located near All Iowa Attack Fieldhouse and Perfect Games; indoor pool, hot tub, exercise room.

1310 Dickinson Ave.
515.337.1171

SpringHill Suites by Marriott

All-suite hotel just minutes from Iowa State University and Hunziker Youth Sports Complex; pool and fitness center. 1810 SE 16th St. 515.598.8900

Staybridge Suites

Brand new in 2023! All-suites extended-stay hotel, located minutes from I-35. Kitchen in each suite, and free hot breakfast buffet. 2111 Isaac Newton Dr.

Super 8 by Wyndham

Newly renovated, with easy access to Hwy. 30 and I-35. 1418 S. Dayton Place 515.203.3249

TownePlace Suites by Marriott

Fully equipped kitchens, fitness center, and indoor pool.
1523 S. Dayton Place
515,232.5500

B&B AND HOMESTAYS

Iowa House Inn

405 Hayward Ave. 515.292.2474

Loya's Little House B&B

56676 160th St. 515.733.4701

Onion Creek Farm Guest House

3700 Onion Creek Lane 515.292.0117

Queen Anne B&B

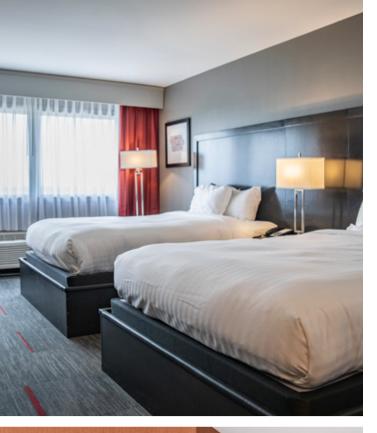
Built in 1878 and listed on National Historic Register; free breakfast and wi-fi. 1110 9th St., Nevada 515.382.3022

Stadium Shadows

Easy access to Jack Trice Stadium, Hilton Coliseum, Reiman Gardens, and ISU campus. Entire house, with ample parking and large outdoor space for entertaining. stadiumshadows.com

The Gathering House

An Airbnb home stay located near the ISU campus. Accommodations for up to 14 guests, with 5 bedrooms and 10 parking spaces.









Ames-area resources & services

Thank you to these 2023 Discover Ames partners and supporters!

COMMUNITY ORGANIZATIONS

Ames Chamber of Commerce ameschamber.com

Ames Foundation amesfoundation.org

Ames Home Builders Association ameshomebuilders.com

Ames Main Street amesdowntown.org

Ames Pride amespride.org

Ames Public Library amespubliclibrary.org

Boone County Chamber of Commerce

City of Ames cityofames.org

Dancenter Dancer Foundation *dancenter-dancer-company-foundation.org*

Friendship Ark Homes & Community Services friendshipark.org

FUEL Story County fuelstory county.org

Iowa Veterinary Medical Association

iowavma.org

Mainstream Living Inc. mainstreamliving.org

Nevada Parks & Recreation *cityofnevadaiowa.org/departments/parks- and-recreation*

Special Olympics Iowa soiowa.org

Story City Greater Chamber Connection

storycitygcc.org

WorkInAmes.com

Full-service relocation and job board for Ames/Story County. *workinamesmsa.com*

ARTS ORGANIZATIONS

ACTORS Inc. - Ames Community Theater actorsinc.org

Ames Community Arts Council info@amesart.org

Ames Town & Gown Chamber Music Association

amestownandgown.org

Central Iowa Symphony Association

cisymphony.org

India Cultural Association icaiowa.org

Octagon Center for the Arts

Community art center providing gallery exhibits, art classes, shop featuring Iowa artists, and the annual Octagon Art Festival. *octagonarts.org*

Senior Variety Show seniorvarietyshow.org

Story Theater Company storytheatercompany.org

CHURCHES AND SCHOOLS

Ames Christian School ameschristianschool.org

Collegiate Presbyterian Church cpcames.org

Saint Cecilia Parish steeciliaparish.org

The Community Academy
The Community Academy.org

FINANCIAL SERVICES

Availa Bank

1530 S. Duff Ave., Suite 1

Bankers Trust

First National Bank fnb247.com

Greater Iowa Credit Union

greateriowacu.org/locations/ ames-lincoln-way/

MEMBERS1st Community Credit Union

members1st.com

River Valley Credit Union rvcu.org

,,,,,,,,

US Bank usbank.com

VisionBank visionbank.com

PROFESSIONAL SERVICES

10Fold Architecture 10foldarchitecture.com

Friedrich Iowa Realty greatiowahomes.com

Grandon Funeral Home grandonfuneralandcremationcare.com

Hunziker & Associates Realtors hunzikerrealty.com

Knapp Tedesco Insurance *knapptedesco.com*

Oxen Technology
Oxen.tech

RE/MAX Real Estate Center 1606 S. Duff Ave., Suite 100

Saltech Systems saltechsystems.com

BUSINESS AND INDUSTRY

BASF

basf.com

Farner Storage farnerstorage.com

Gary Thompson Oil *515.232.6666*

Story Construction *storycon.com*

PRINTING & MEDIA

Alpha Copies

Printing services, bindery, mailing, branded merchandise, and creative services. *alphacopies.com*

Ames Tribune

ame strib.com

B&G Productions

Full-service video production, from planning to shooting to editing. bgvideoproductions.com

Copyworks

copyworks.com

Express Signs

Custom signs, banners, and more. *siglerexpress.com*

Glendandy Marketing *glendandy.com*

Heuss Printing

heuss.com

Sigler Companies

sigler.com



- Same-day, next-day appointments
- Common illness, immunizations
- 6 months of age or older
- Brief work and sports physicals

Services vary by location - call for more information.

AMES

Lincoln Center Hv-Vee 640 Lincoln Way, Ames 515-956-4044

West Ames Hv-Vee 3800 Lincoln Way, Ames 515-956-4100

MARSHALLTOWN

Hv-Vee 802 South Center Street 641-844-5200



- Same-day appointments
- Non-life threatening illnesses & injuries
- Physician staffed
- X-Rays and Lab on site

AMES

3815 Stange Road, Ames 515-956-4044

CARROLL

1214 S. Grant Road 712-792-7500

McFarlandClinic.com/NeedCareNow



McFarland Clinic

Each year Mary Greeley Medical Center's Emergency Department treats an average of **30,000** people.

At the Emergency Department at Mary Greeley, the focus is on using the medical center's extensive resources to provide high-level emergency care. That includes:

- 24-hour-a-day, 365-days-a-year staffing.
- A team of physicians specially trained in emergency care, and registered nurses with certifications in emergency medicine.
- Experienced paramedics who are trained to be life-saving first responders when a health emergency arises.







Emergency (Fire/Police/Ambulance) 911	
First Nurse	. 515-239-6877
	800-524-6877
Poison Center	. 800-222-1222
Mary Greeley Medical Center	
(non-emergent)	515-239-2011

www.mgmc.org











Ames-area resources & services (continued)

IOWA STATE UNIVERSITY

Conference Planning & Management

cpm.iastate.edu

Cyclone Sports Properties

Learfield.com/partner/iowa-state-cyclones

ISU Department of Athletics

A member of the Big 12 Conference, Iowa State fields 6 men's and 10 women's Division I sports teams; outstanding facilities; exciting gameday atmosphere for Cyclone fans and visitors. cyclones.com

ISU Department of Music & Theatre

The department offers strong undergraduate programs and facilities designed to enhance and showcase theatre and music performances. music.iastate.edu

ISU Memorial Union

Featuring meeting, performance, and event space; food court and catering; CyBowl & Billiards; The Workspace crafts and art; Student Engagement, and more. mu.iastate.edu

ISU Trademark Licensing

trademark.iastate.edu

Stephens Auditorium

Large, multi-level theater offering concerts, plays, and other events. Main auditorium seats 2,600, plus additional intimate Goldfinch

center.iastate.edu/locations/stephensauditorium/

VenuWorks

Founded in 1996 in Ames, VenuWorks provides full-service venue management, food and beverage, and programming solutions. venuworks.com

FITNESS & HEALTH CARE

Ames Area Running Club amesrunners.org

Ames Fitness Center amesracfit.com

Dentistry at Somerset dentistryatsomerset.com

Iowa Sports Foundation

iowasportsfoundation.org

Mary Greeley Medical Center

220-bed regional hospital providing healthcare to the residents of a 13-county area in central Iowa; medical staff has more than 190 professionals with expertise in 50 specialties and sub-specialties. mgmc.org

McFarland Clinic

Central Iowa's largest physician-owned, multispecialty clinic, offering Express Care & Urgent Care services throughout Ames. mcfarlandclinic.com

Stoltze & Stoltze Family Dentistry stoltze and stoltze.com

Story County Medical Center storymedical.org



TRANSPORTATION

Central Iowa Air Service
northiowaair.com/central-iowa-air-service

CIT Signature Transportation *citbus.com*

CyRide

Campus/city bus service. *cyride.com*

Deery of Ames *deeryames.com*

George White Chevrolet *georgewhiteames.com*

Wilson Toyota wilsonofamestoyota.com

The **Sign** of **Experience** You Can **Trust**.

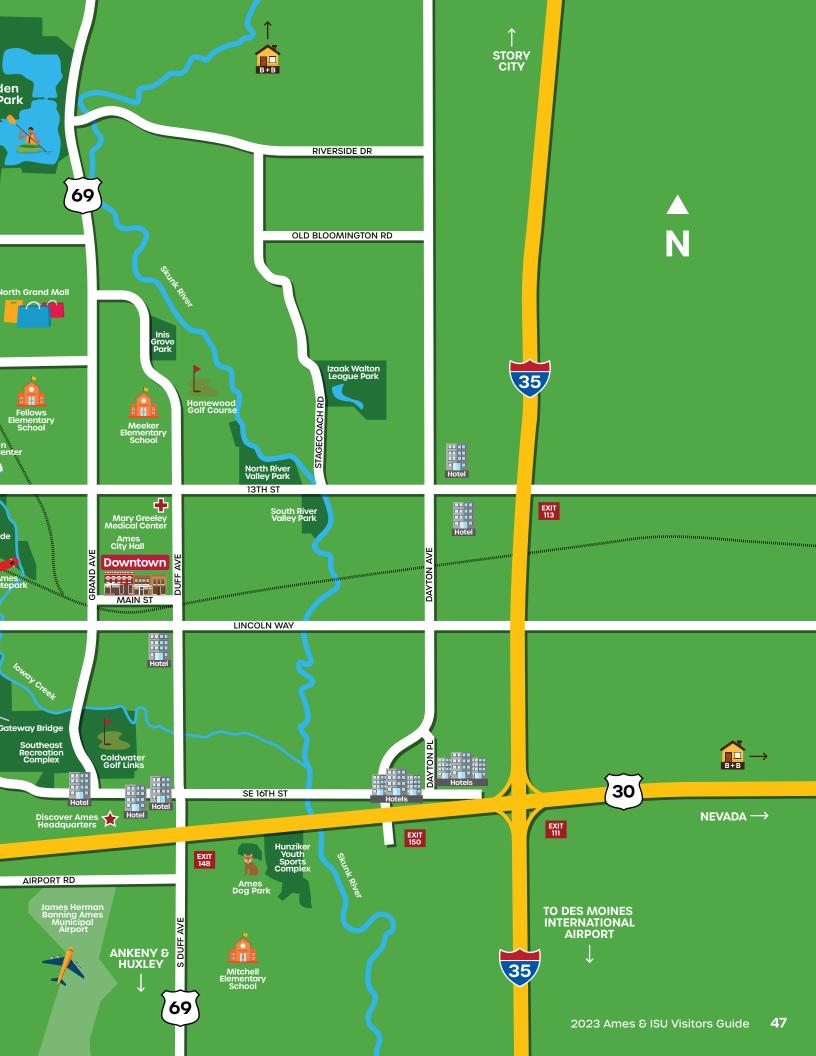
Agents at Hunziker & Associates, REALTORS® are with you every step of the way.

We have the experience to guide you through the entire real estate process.



www.HunzikerRealty.com | 105 South 16th Street, Ames











Sways to shop like a Cyclone

We bleed cardinal and gold – and wear it, most of the time, too. Check out these shops to gear up in our two favorite colors.

1. Dogtown University

Fill your closet with all the essentials: cozy sweatshirts, tees, and stocking caps from this campustown favorite.

2. Barefoot Campus Outfitter

Stroll through campustown to this fun store, just down the road from Dogtown, for trendy Iowa State and Midwestinspired clothing and accessories.

3. Innovate 1858

Stock up on original student-made designs at Innovate 1858 in the Student Innovation Center, where Iowa State students create and sell stylish Cyclone gear.

4. ISU Book Store

While on campus, head to the Memorial Union to pick up everything Cyclones at the ISU Book Store: apparel, home decor, tech, textbooks, and school supplies.

5. Cy's Locker Room

Cy's favorite pit-stop on South Duff for Iowa State clothing and accessories.



STUDENTS: TEXT "BAREFOOT10"
TO 1.877.640.9664 TO GET A FREEBIE!

2306 LINCOLN WAY / 515.203.8752
-CAMPUSTOWN NEXT TO STARBUCKS-

BAREFOOTCAMPUSOUTFITTER.COM/IOWA-STATE

*one free tee per family, per promo / parent must be present to receive promotion / while supplies last / t-shirt design may vary



MU Visit the Memorial Union!





ENJOY A .IVE SHOW!

RECENT BANDS

THE WRECKS • JUDAH &
THE LION • JACK HARLOW
COIN • TWENTY ONE PILOTS THE LUMINEERS . ANDY GRAMMER • TYLER FARR MOM JEANS • LAUV **BRYCE VINE**

RECENT COMEDIANS

CHELSEA PERETTI HANNIBAL BURESS CHRIS FLEMING CAMERON ESPOSITO RORY SCOVEL ERIC ANDRE ASIF ALI

TICKETS AVAILABLE AT THE M-SHOP BOX **OFFICE & BY PHONE AT 515-294-8349** M-F | 11AM-5PM DURING THE ACADEMIC YEAR

Tickets also available at the door before shows & online at midwestix.com



NEWLY RENOVATED FACILITY

OPEN TO THE PUBLIC!

NEW UNDERGROUND CAFE

Now offering all your favorites - pizza, chicken tenders, mozzarella sticks, & more!

For party rentals, email cybowl@iastate.edu



EVERYONE IS WELCOME

ART CLASSES WALK-IN CRAFTS PAINT YOUR OWN POTTERY **GROUP EVENTS**

